

TRANSPORT

We have an excellent team of volunteer drivers who, if required, collect you and take you home free of charge. You may prefer someone from your family, or a friend, to provide your transport.

If getting in and out of a car is difficult we recommend the use of a disabled taxi (for which there is a financial outlay). If necessary, then it may be possible to arrange a mini bus. Please endeavour to give us as much notice as possible if you are not attending, so we can cancel any travel arrangements. Please ring to discuss transport needs with our Driving Co-ordinator - 01268 524973, Extn: 221.

COME AND SEE

You are welcome to come and have a look around, either alone or with the people caring for you. This should be arranged beforehand by ringing the Day Hospice Secretary on 01268 524973 - Extn: 221.

If at any time you or your carers wish to discuss any concerns, please inform the nurses in the Day Hospice, who will be pleased to assist you.

SMOKING

The Day Hospice has a No Smoking policy. Day Hospice guests who wish to smoke, are requested to smoke outside the building.

St. Luke's
Hospice



Your Hospice - Caring for you when &
where you need it most

Reg. Charity Number 289466

To make an appointment or for further information please contact:

DAY HOSPICE MANAGER

St. Luke's Hospice
Nethermayne
Basildon,
ESSEX.
SS16 5NJ

Tel: 01268 524973

Fax: 01268 282973

daycare@stlukeshospice.co.uk

Website:

www.stlukeshospice.com

**Please let us know if you need this
leaflet in large print**

Photograph taken from St. Luke's Hospice Garden

St. Luke's Hospice Registered Charity: No: 289466

Revision: 02/2013

St. Luke's Hospice



Day Hospice



www.stlukeshospice.com

YOUR DAY...

Attending the Day Hospice offers you the opportunity to:

- Have a specialist review
- Discuss your concerns with the staff
- Access ongoing support from professionals
- Interact with other patients
- Explore your creative side
- Enjoy a home cooked meal
- Experience complementary therapy
- Simply RELAX!

HOURS 10am to 3:30pm

(All food and drinks are provided free of charge.)

DAY HOSPICE SERVICES:

- Holistic Assessments
- Specialist Information, Advice and Support
- Diversional Therapy
- Counselling
- Complementary Therapy
- Outings
- Beauty Therapy including hairdressing (small cost)

On your FIRST attendance, **please bring all your tablets and medicines with you.**

Staff will also ask about how you have been and how you are feeling now, to see if any adjustments are needed to your medication.

Each time you attend Day Hospice, please bring with you any tablets or medicine you require during the day.

You will be responsible for remembering your tablets and for their safekeeping whilst you are here.

You will need to:

1. Bring the tablets/medicine in the original containers:- clearly marked.
2. Or bring the tablets in the dosset box that has been filled by the Pharmacist, also labelled with your name and medicine details.
3. Bring the District Nurses' notes if you require regular injection or need a dressing change. Please bring all relevant dressings with you.

PLEASE REMEMBER TO BRING WITH YOU ANY ITEMS THAT YOU MIGHT REQUIRE DURING THE DAY:

**HANDBAG, HOUSE KEYS, GLASSES
MEDICINES**

You may also need to attend our Outpatient Clinic, if appropriate, for:

- Lymphoedema management
- Complementary Therapies
- Occupational Therapy
- Physiotherapy
- Clinical Procedures
- Social Work

MEDICAL CARE/ASSESSMENT

Whilst attending the Day Hospice, you will remain under the care of your GP and Hospital Consultant. Our Specialist Nurse Practitioner or Day Hospice doctor is available for advice and may suggest changes in your medicines. Before any change is made, your GP will be contacted and requested to provide you with a prescription.

STAFF AT THE DAY HOSPICE

A multi-disciplinary team comprising of Doctors, Specialist Nurse Practitioner, Nurses, Physiotherapist, Social Worker, Chaplains and Volunteers.