

Confidentiality

Confidentiality and ethical considerations will be in keeping with St. Luke's Hospice/House policies and procedures.

How can you help us?

We would like you to contribute and help us develop a service that will meet your needs. We welcome your comments and suggestions. There are comment cards available for you to record your views.

Venue:

We are based at St Lukes House in Corringham and are widely accessible via the 100 bus route.



**WE ARE
MACMILLAN.
CANCER SUPPORT**

To make an appointment or for further information please contact:

INFORMATION RESOURCE SERVICE

St. Luke's House
22 Lampits Hill
Corringham
Essex
SS17 9AL

Tel: 01375 648170

Fax: 01375 648178

informationservice@stlukeshouse.org.uk

Website:

www.stlukeshospice.com

**Please let us know if you need
this leaflet in large print**

Photograph taken in St. Luke's Hospice Garden

St. Luke's Hospice Registered Charity No: 289466

Revision 02/2013

St. Luke's Hospice



Information Resource Service



How we can help you
*If you don't know
where to turn to....
...come to us at the
Information Resource
Centre*

www.stlukeshospice.com

ABOUT THE INFORMATION RESOURCE SERVICE (IRS)

You may find that after the physical and emotional turmoil of illness, treatment or caring for a loved one, you can feel differently about your life. The IRS is a free service open to all, offering support and information about coping and living with and beyond a life challenging illness.

The IRS was set up in partnership with Macmillan Cancer Support but is now fully funded by St Luke's Hospice. We work closely with all St Luke's Hospice services as well as local hospitals, GP's, community nurses and Macmillan Cancer Support.

You may feel that all you need is the opportunity to talk things through. Information is provided according to your individual needs and where appropriate and with your consent, we can make onward referrals to other services e.g. your GP, District Nurse, Macmillan nurses in the hospital and at home, Consultant or Social Care services. We can also link in with other Hospice services e.g. Complementary Therapy, Adult Counselling Service and the Children's Counselling Service for Children and Young People.

HOW TO ACCESS THE SERVICE

You can come along between the hours of 9.30am – 4pm, Monday to Friday and speak to a St Luke's representative. Staff and volunteers are on hand for a chat and a cup of tea in a calm environment that allows you to discuss your worries or concerns and access support and information.

You can also visit us at the Infospace based at the Outpatients Department in Basildon Hospital. We cover the Infospace at different times during the week, so please ring the IRS telephone number overleaf for details of when we will be there.



A Mobile Information and Support Service (MISS) is also available which visits some wards at Basildon Hospital and holds roadshows in community settings. If you would like more information on this please ring the IRS telephone number overleaf for further details.

We also offer access to a range of local support and therapeutic groups.

These include:

SUPPORT GROUPS

- Cancer Support Group
- Heart Failure Support Group

THERAPEUTIC GROUPS:

- Making Sense
- Writing for Therapy
- HOPE (Help to Overcome Problems Effectively)
- The Clan Club (for young people and their families)

**If you don't know where to turn
- come to the Information
Resource Service for**

***“a prescription for
living”***